



Please join us to make it possible to hold 33,250 health care visits for low-income and uninsured families in 2009!

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Joey, a 2½ year-old toddler, was referred to our child/family therapist by one of our pediatricians when he became aggressive and showed self-injurious behaviors. Joey and his mother participate in joint therapy at the Health Center where the mother is learning new parenting skills, modeled by the therapist. Joey has shown improvement and his mother reports no further incidents.

Sofia, a 20 year-old and uninsured woman is healthy and not paralyzed today thanks to a physician at the Arlandria Health Center whose thorough assessment of her pain occasioned further diagnostic testing, which revealed a tumor pressing on her spine. Health Center staff arranged for her to have immediate neurosurgery at the University of Virginia. She has returned to work and has had no consequences from her condition.

Mrs. Charles is a 60 year-old woman who suffers from chronic obstructive pulmonary disease. She has a lot of difficulty breathing and needs to use three different inhalers to help keep her airway open. When she came to the Health Center she was without medications and could not afford to buy the inhalers. Her breathing was so labored that even walking was a challenge. Through ANHSI's medication program she is now able to access needed medications.

Each day, uninsured children and adults with undiagnosed and complex health conditions get the care they need and improve their lives in the face of daunting personal challenges. In addition to the assistance provided to Mrs. Charles to get the medications she desperately needed, 3,204 medication requests were processed for our patients in a twelve-month period, at a total value of \$901,058 in average wholesale price.

These and many other outcomes would not be possible without the commitment and ongoing support of our generous donors and grantors.

In the best economic times, ANHSI experienced a growing demand for primary health care from a large number of low-income and uninsured families. For example, health care visits increased 145 percent over the last three years. Today, 93 percent of Arlandria Health Center adult patients and 38 percent of children are uninsured.

With the projected increase in unemployment in the coming months and consequent loss of health insurance, we expect an even greater increase in the number of people seeking primary health care in 2009 and beyond. The first nine months of 2008 provide an indication of what we may expect:

22,817 health care visits at the Arlandria Health Center from January through September this year – a 40 percent increase over the same period in 2007.

Together – we can continue to maintain an open door for all in need of primary health care to improve the health status and productivity of individuals and families and to also contribute to the health of our community.

Please consider a generous gift this holiday season, and thank you for your dedication to assuring quality health care for all who need it!

Gene Kendall, Jr.
Board President

Kristin Langlykke
Executive Director